



# **YOUTH IN RESIDENTIAL TREATMENT CENTERS FEBRUARY 2011**

# Youth in Residential Treatment Centers

## February 2011

**As of February 2011, 624 Connecticut youth in Residential Treatment Centers (RTCs).**

- 274 (43.9%) reside in In-State RTCs while**
- 350 (56.1%) reside in Out of State (OOS) RTCs.**

### **GOAL of this analysis:**

Compare the characteristics of the In and OOS RTC population to identify resources needed to bring OOS population back to CT

**Youth in In and Out of State in RTCs were compared on the following characteristics:**

- Gender**
  - Age Categories
- Race/Ethnicity**
- DCF Status**
  - DCF Status by Age Category
- Diagnostic Category**
- Diagnostic Tier**
- Behavioral Health Services Offered by In-State RTCs**
- Permanency Plans by Age and Gender**

Gender						
Gender	Total In-State	%	Total OOS	%	Combined In-State and OOS	%
Female	123	44.9%	99	28.3%	222	35.6%
Male	151	55.1%	251	71.7%	402	64.4%
Grand Total	274		350		624	

Across the entire population of youth in RTCs, there are **more male youth in RTC than female youth**; 64.4% males as opposed to 35.5% females.

- With regard to youth in In-State RTCs, the gender split is less extreme: 55.1% males and 44.9% females.
- However, gender differences are accentuated when considering the OOS population; 71.7% are males and 28.3% are females.

# Age Bands

AGE						
Age	Total In-State	%	Total OOS	%	Combined In-State and OOS	%
0-12	15	5.5%	37	10.6%	52	8.3%
13-16	192	70.1%	188	53.7%	380	60.9%
17+	67	24.5%	125	35.7%	192	30.8%
Grand Total	274		350		624	

# Race/Ethnicity

Race/Ethnicity						
Race/Ethnicity	Total In-State	%	Total OOS	%	Combined In State and OOS	%
Asian	3	1.1%	2	0.6%	5	0.8%
Black	79	28.8%	99	28.2%	178	28.5%
Caucasian	108	39.4%	155	44.3%	263	42.1%
Alaskan Native Eskimo	0	0.0%	0	0.0%	0	0.0%
Hispanic	83	30.3%	89	25.4%	172	27.5%
Native American	0	0.0%	0	0.0%	0	0.0%
Pacific Islander	0	0.0%	1	0.3%	1	0.2%
Multi-Racial	0	0.0%	1	0.3%	1	0.2%
(blank)	1	0.4%	3	0.9%	4	0.6%
<b>Grand Total</b>	<b>274</b>	<b>100.0%</b>	<b>350</b>	<b>100.0%</b>	<b>624</b>	<b>100.0%</b>

There are no significant differences in race/ethnicity between the in state and out of state populations of youth in RTCs.

## DCF STATUS

DCF STATUS	Number In-State	% of total In-State	Number Out of State	% of total Out of-State	Number In and Out of State Combined	% all RTC Youth
Converted Member	0	0.0%	4	1.1%	4	0.6%
Family with Special Services	13	4.7%	3	0.9%	16	2.6%
Juvenile Justice	71	25.9%	53	15.1%	124	19.9%
Voluntary Services	38	13.9%	68	19.4%	106	17.0%
Dually Committed	5	1.8%	3	0.9%	8	1.3%
Title 19	3	1.1%	3	0.9%	6	1.0%
Child Welfare Involved	139	50.7%	215	61.4%	354	56.7%
Unknown	5	1.8%	1	0.3%	6	1.0%
Grand Total	274	100.0%	350	100.0%	624	100.0%

# **Differences between the In State and OOS Populations: DCF Status and Age Band**

## **Among the Child Welfare Involved population:**

More youth 12 years old or younger and youth 17 years of age and older in the OOS population than in the in-state population.

## **Among the Juvenile Justice population:**

OOS population accounts for a lower percentage of youth in RTC than does the In-State population.

## **Among the Voluntary Services population:**

Higher percentages of youth 12 years old or younger and youth 17 years of age and older in the OOS population than in the in-state population.



# Diagnostic Category

Diagnostic Category	Total Number In- State	%	Total Number OOS	%	Combined In State and OOS	%
ADJUSTMENT DISORDERS	1	0.4%	2	0.6%	3	0.5%
<b>ANXIETY AND STRESS DISORDERS</b>	<b>40</b>	<b>14.6%</b>	<b>60</b>	<b>17.1%</b>	<b>100</b>	<b>16.0%</b>
DELIRIUM, DEMENTIA, AMNESTIC AND OTHER COGNITIVE DISORDERS	0	0.0%	1	0.3%	1	0.2%
DISSOCIATIVE, SOMATAFORM AND FACTITIOUS DISORDERS	0	0.0%	0	0.0%	0	0.0%
EATING DISORDERS	0	0.0%	0	0.0%	0	0.0%
<b>DISORDERS USUALLY FIRST DIAGNOSED IN INFANCY, CHILDHOOD OR ADOLESCENCE</b>	<b>131</b>	<b>47.8%</b>	<b>174</b>	<b>49.6%</b>	<b>305</b>	<b>48.8%</b>
MENTAL DISORDERS DUE TO A GENERAL MEDICAL CONDITION NOT ELSEWHERE CLASSIFIED	1	0.4%	2	0.6%	3	0.5%
<b>MOOD DISORDERS</b>	<b>70</b>	<b>25.5%</b>	<b>85</b>	<b>24.2%</b>	<b>155</b>	<b>24.8%</b>
OTHER CONDITIONS THAT MAY BE THE FOCUS OF CLINICAL ATTENTION	0	0.0%	1	0.3%	1	0.2%
OTHER MENTAL DISORDERS	7	2.6%	4	1.1%	11	1.8%
SCHIZOPHRENIA AND OTHER PSYCHOTIC DISORDERS	6	2.2%	9	2.6%	15	2.4%
SUBSTANCE RELATED DISORDERS	18	6.6%	11	3.1%	29	4.6%
(blank)	0	0.0%	1	0.3%	1	0.2%
<b>Grand Total</b>	<b>274</b>		<b>350</b>		<b>624</b>	

# Diagnostic Tier

Diagnostic Tier						
Diagnostic Tier	Total In-State	%	Total OOS	%	Combined In State and OOS	%
Fire Starter/ Problem Sexual Behavior	0	0.0%	90	25.7%	90	14.4%
Mental Retardation/ Pervasive Developmental Disorder	27	9.9%	82	23.4%	109	17.5%
Conduct Disorder/ Juvenile Justice	104	38.0%	53	15.1%	157	25.2%
Substance Abuse	17	6.2%	9	2.6%	26	4.2%
Psychiatric	126	46.0%	116	33.1%	242	38.8%
Total	274	100.0%	350	100.0%	624	100.0%

- There are currently no in-state RTCs willing to treat fire starters or youth who have problem sexual behavior.
- 25% of youth with mental retardation or pervasive developmental disorder are treated in-state.
- 66% of youth with conduct disorder or who are involved with Juvenile Justice are treated in-state.
- 65% of youth with substance abuse are treated in-state.
- 52% of youth with psychiatric disorders are treated in-state.

# In State RTC

Behavioral Health Services Offered by In-State RTCs					
In State RTC	Fire Starter/ Problem Sexual Behavior	Mental Retardation/ Pervasive Developmental Disorder	Conduct Disorder/ Juvenile Justice	Substance Abuse	Psychiatric
American School for the Deaf		X	X		
Children's Center of Hamden			X	X	X
Children's Home of Cromwell		X	X	X	X
Justice Resource Institute		X	X		X
Klingberg Family Ctr			X	X	X
Mount Saint John			X		X
NAFI - Stepping Stone			X		X
NAFI - Touchstone			X		
Natchaug - Journey House			X		X
New Hope Manor			X	X	X
Rushford			X	X	X
Waterford		X	X	X	X
Wellspring					X

- The chart above lists the in-state RTC and displays the tiered diagnostic categories they are currently treating

# Out of State Providers

Forty four OOS RTCs serve youth from Connecticut. However, of these 44 RTCs, five providers treat 44% of the youth treated in out-of-state residential:

- o Devereaux - Massachusetts serves 25 youth
- o Hillcrest serves 40 youth
- o JRI serves 32 youth
- o Stetson serves 32 youth
- o Spurwink serves 25 youth

# Permanency Plans

Permanency Plan	Total In-State	%	Total OOS	%	Combined In-State and OOS	%
Reunification	116	42.3%	174	49.7%	290	46.5%
Adoption	7	2.6%	17	4.9%	24	3.8%
Another Planned Permanent Living Arrangement	56	20.4%	142	40.6%	198	31.7%
Other	3	1.1%	2	0.6%	5	0.8%
Blank	92	33.6%	15	4.3%	107	17.1%
Total	274	100.0%	350	100.0%	624	100.0%

- Youth being treated in-state are less likely to have a permanency plan that involves reunification than are those treated OOS.
- 33.6% of youth treated in-state have no documented permanency plan.

# In State Permanency Plans by Gender and Age Group

**Please exercise caution in interpreting the following findings. The number of youth in many of the cells is small and the results may be spurious.**

## **0-12 years of age:**

- 75% (6 of 8) of females age 0-12 treated in-state have a permanency plan of reunification
- 42.9% (3 of 7) of males age 0-12 treated in-state have a permanency plan of reunification

## **13-16 years of age:**

- 48.8% (42 of 86) of females age 13 to 16 treated in-state have a permanency plan of reunification
- 40.6% (43 of 106) of males age 13 to 16 treated in-state have a permanency plan of reunification

## **17+ years of age:**

- 34.5% (10 of 29) of females age 17+ treated in-state have a permanency plan of reunification
- 31.6% (12 of 38) of males age 17+ treated in-state have a permanency plan of reunification; 28.9% have APPLA as their permanency plan

# Out of State Permanency Plans by Gender and Age Group

**Please exercise caution in interpreting the following findings. The number of youth in many of the cells is small and the results may be spurious.**

## **0-12 years of age:**

- 60% (6 of 10) of females age 0-12 treated OOS have a permanency plan of reunification
- 63% (17 of 27) of males age 0-12 treated OOS have a permanency plan of reunification

## **13-16 years of age:**

- 45% (27 of 60) of females age 13 to 16 treated OOS have a permanency plan of reunification
- 69.5% (89 of 128) of males age 13 to 16 treated OOS have a permanency plan of reunification

## **17+ years of age:**

- 13.8% (4 of 29) of females age 17+ treated OOS have a permanency plan of reunification; 86.2% have APPLA as their permanency plan
- 32.3% (31 of 96) of males age 17+ treated OOS have a permanency plan of reunification; 62.5% have APPLA as their permanency plan

# **Disruptions - Out-of-State Children and Youth**

- At least 71% of all Child Welfare youth in OOS RTCs have experienced 3 or more prior placements.
- At least 48% of all Child Welfare youth in OOS RTCs have experienced 5 or more prior placements.
- At least 26% of all Child Welfare youth in a OOS RTCs have experienced 9 or more prior placements.